

Dear Maple Tree Families,

Summer is coming! Here are our Hot Weather Guidelines.

- Sunscreen, Sunhat and Comfy shoes to walk!
Please send items above to the centre for the outdoor time. Sunscreen and sunhat are important to protect children from UV and heat.
*Please apply sunscreen on your child prior to coming to daycare as we often start the day outside! We will assume all children have sunscreen on to start the day and will reapply as needed.
*Please do NOT send crocs or flip flops as your child's outdoor shoes. We'll go for a walk and field trip a lot, especially in summer. Children will walk a lot and run a lot for fun!
*They can come in with crocs or flip flops on, as long as they bring appropriate shoes or have them in their cubby for their outdoor time! (But NO lace up shoes please!)
- Lunch kits in the Toddler/Preschool/Jr. Kindergarten programs
Please make sure to put icepacks in your child's lunch kit, as we don't have a fridge to keep children's lunch cool in the preschool/Jr. Kindergarten programs.
We do have a fridge to keep children's lunch cool in the infant and toddler programs, but the Toddler programs do lots of picnics, so they need ice packs as well.
- Heat Alerts
We'll monitor daily heat advisories and adjust outdoor activity schedules. All locations will utilize the same website, Environment Canada (<http://>If outdoor play is not possible due to heat alerts/extremely high temperatures, an inside alternate gross motor play activity will take place.

Educators will ensure the following things in Summer:

- Apply sunscreen to the children before going outside.
- Provide and encourage frequent drinks to ensure adequate hydration.
- Check the temperature of metal and plastic playground equipment.
- Be aware of signs and symptoms of heat related illness. They'll follow first aid procedures promptly.

If you have any questions or concerns, please contact us at mapletreechild@gmail.com.

Sincerely,

Maple Tree Children's Centre Management Team